

FES PET/CT is included as an imaging option for systemic staging of ER+ recurrent / stage IV (M1) disease in the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Breast Cancer

History & physical exam

Discuss goals of therapy, adopt shared decision-making, and document course of care

CBC

CMP

Imaging for systemic staging

Biomarker testing

Genetic counseling

Assess for distress

Imaging for Systemic Staging

Chest diagnostic CT	± contrast
Abdominal ± pelvic diagnostic CT or MRI	+ contrast or + contrast, respectively
Brain MRI	+ contrast if suspicious CNS symptoms
Spine MRI	+ contrast if back pain or symptoms of cord compression
Bone scan or sodium fluoride PET/CT	Listed as Category 2B (Based upon lower-level evidence, there is NCCN consensus that the intervention is appropriate)
PET/CT FDG or FES	Useful in certain circumstances FDG PET/CT (consider FES PET/CT for ER-positive disease)
X-rays	Of symptomatic bones and long and weight-bearing bones abnormal on bone scan

NCCN Guidelines®

- Useful in certain circumstances: FDG PET/CT (**consider FES PET/CT for ER-positive disease**)
- Unless otherwise noted, all recommendations are **Category 2A**
- **NCCN Category 2A:** Based upon lower-level evidence, there is uniform NCCN consensus that the intervention is appropriate

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